



# Seared Beef Flat Iron Steak

This perfectly-cooked tender beef flat iron steak is great for any occasion. Serve it with your favorite grilled or roasted vegetables.

**Item Number:** 03591  
**UPC:** 705044035918  
**Item Type:** Frozen  
**Pack Size:** 8 Pieces/Pouch,  
 5 Pouches/Case, 40 Pieces/Case

**Portion Target Weight:** 2.73 lbs.  
**Case Net Weight:** 13.65 lbs.  
**Case Dimensions:** 13.1 in x 11.1 in x 7.7 in  
**Pallet Config.:** 12 x 5 = 60 cases

**Ingredients:** Beef Top Blade, Water, Beef Broth Concentrate (beef broth, salt), Corn Starch, Citrus Blend (lemon juice concentrate, baking soda, sodium carbonate), Kosher Salt, Black Pepper, Smoke Flavor.

**Total Shelf Life:** 548 days from the production date on the pouch – keep frozen at 0 °F or below  
 6 days from thawed – sealed pouch/keep 40 °F or below  
 3 days (within the 6 days thawed above) – open pouch/keep 40 °F or below

## HEATING INSTRUCTIONS

### From Frozen

**Convection Oven:** 70 minutes at 350°F  
**Combi Oven:** 115 minutes at 140°F

### From Thawed

**Convection Oven:** 50 minutes at 350°F  
**Combi Oven:** 85 minutes at 140°F

## Nutrition Facts

Serving Size 1 Piece (153g)  
 Servings Per Container 8

Amount Per Serving  
**Calories 260**    **Calories from Fat 140**

	% Daily Value*
<b>Total Fat</b> 16g	<b>25%</b>
Saturated Fat 6g	<b>30%</b>
Trans Fat 0.5g	
<b>Cholesterol</b> 90mg	<b>30%</b>
<b>Sodium</b> 650mg	<b>27%</b>
<b>Total Carbohydrate</b> 1g	<b>0%</b>
Dietary Fiber 0g	<b>0%</b>
Sugars 0g	

**Protein** 26g

Vitamin A 0%    • Vitamin C 0%  
 Calcium 2%    • Iron 20%

\*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:  
 Fat 9 • Carbohydrate 4 • Protein 4

**Microbiological Parameters:**

- Coliforms	< 100 cfu/gram
- Staphylococcus aureus	< 10 cfu/gram
- Aerobic plate count	< 1,000 cfu/gram
- Anaerobic plate count	< 1,000 cfu/gram
- Listeria monocytogenes	Absence in 25 grams
- Salmonella	Absence in 25 grams

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NOTE: HEATING TIMES MAY VARY DUE TO MAKE, MODEL AND TEMPERATURE CALIBRATION OF EQUIPMENT. TO DEFROST THE PRODUCT, PLACE UNDER REFRIGERATION OVERNIGHT.



MANUFACTURED IN A PLANT THAT PROCESSES FISH, TREE NUT, CRUSTACEAN, SESAME, GLUTEN, SOYBEAN, WHEAT, MOLLUSCAN SHELLFISH, SO2, SULFITE, MUSTARD, CELERY, EGG AND MILK.