



Egg White, Mozzarella, Tomato and Spinach Bite

The Egg White with Mozzarella, Tomato, and Spinach Egg Bite is made with Cottage & Mozzarella cheeses for a complex and rich flavor that everyone will love.

- Item Number:** 4189
- GTIN:** 10705044041893
- Item Type:** Frozen
- Pack Size:** 40 Single Packs
- Portion Net Weight:** 4.8 oz ± 0.4 oz
- Case Net Weight:** 12.00 lb
- Case Dimensions:** 13.1 in x 11.1 in x 7.7 in
- Pallet Config.:** 12 x 5 = 60 cases

Ingredients: Egg Whites, Cottage Cheese (cultured nonfat milk, milk, nonfat milk, contains less than 2% of: whey, salt, maltodextrin, citric acid, carrageenan, mono and diglycerides, locust bean gum, guar gum, natural flavors, vitamin A palmitate, carbon dioxide (to preserve freshness), enzyme), Mozzarella Cheese (pasteurized whole cow's milk, cheese culture, salt, enzymes), Tomato, Rice Starch, Unsalted Butter (pasteurized cream, natural flavors), Spinach, Canola Oil, Salt, Hot Sauce (distilled vinegar, red pepper, salt).

Total Shelf Life: 365 days from the production date on the pouch – keep frozen at 0 °F or below
6 days from thawed – sealed pouch/keep 40 °F or below
3 days from thawed (within the 6 days mentioned above) – open pouch/ Keep 40 °F or below

HEATING INSTRUCTIONS

From Thawed

- Conventional Oven:** 10-12 minutes at 400°F
- Microwave Oven:** 1 minute (1100 watts)
- Skillet:** 2-3 minutes on each side at medium heat

NOTE: HEATING TIMES MAY VARY DUE TO MAKE, MODEL AND TEMPERATURE CALIBRATION OF EQUIPMENT. TO DEFROST THE PRODUCT, PLACE UNDER REFRIGERATION OVERNIGHT.

Nutrition Facts	
40 servings per container	
Serving size	2 Pieces (135g)
Amount per serving	
Calories	210
	% Daily Value*
Total Fat 12g	15%
Saturated Fat 7g	35%
Trans Fat 0g	
Cholesterol 35mg	12%
Sodium 590mg	26%
Total Carbohydrate 10g	4%
Dietary Fiber 0g	0%
Total Sugars 3g	
Includes 0g Added Sugars	0%
Protein 15g	
Vitamin D 0mcg	0%
Calcium 190mg	15%
Iron 0mg	0%
Potassium 183mg	4%
<small>*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>	

Microbiological Parameter:	
- Coliforms	< 100 cfu/gram
- Staphylococcus aureus	< 10 cfu/gram
- Aerobic plate count	< 1,000 cfu/gram
- Anaerobic plate count	< 1,000 cfu/gram
- Listeria monocytogenes	Absence in 25 grams
- Salmonella	Absence in 25 grams

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MANUFACTURED IN A PLANT THAT PROCESSES FISH, TREE NUT, CRUSTACEAN, SESAME, GLUTEN, SOYBEAN, WHEAT, MOLLUSCAN SHELLFISH, SO2, SULFITE, MUSTARD, CELERY, EGG AND MILK.