



Oatmeal with Coconut Milk, Red Quinoa and Chia Seeds

Enjoyed hot or cold, our mix of steel cut oatmeal, red quinoa, chia seed and coconut milk is a creative alternative to refresh any breakfast or dessert menu.

Item Number: 05433

UPC: 705044054339

Item Type: Frozen

Pack Size: 4 Pouches/Case

Pouch Target Weight: 7.00 lb \pm 4.00 oz

Case Net Weight: 28.00 lb \pm 1.00 lb

Case Dimensions: 12.6 in x 10.6 in x 10.7 in

Pallet Config.: 12 x 6 = 72 cases

Ingredients: Coconut Milk (coconut milk (coconut, water), guar gum), Cooked Steel Cut Oat Groats, Sugar, Cooked Red Quinoa, Water, Chia Seeds.

Contains tree nuts.

May contain trace amounts of wheat, barley, triticale, mustard, rye and/or soybeans due to possible cross contamination of the oat at the supplier level.

Total Shelf Life: 548 days from the production date on the pouch – keep frozen at 0 °F or below
6 days from thawed – sealed pouch/keep 40 °F or below
3 days (within the 6 days thawed above) – open pouch/keep 40 °F or below

HEATING INSTRUCTIONS

Reheating is optional – the product is fully cooked and ready to eat out of packaging after being thawed overnight after refrigeration.

From Thawed

Convection Oven: 36 minutes at 350°F

Microwave Oven: 10-16 minutes (1100 watts)

NOTE: HEATING TIMES MAY VARY DUE TO MAKE, MODEL AND TEMPERATURE CALIBRATION OF EQUIPMENT. TO DEFOST THE PRODUCT, PLACE UNDER REFRIGERATION OVERNIGHT.

Nutrition Facts

Serving size (100g)	
Amount per serving	
Calories	160
% Daily Value*	
Total Fat 9g	12%
Saturated Fat 7g	35%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 10mg	0%
Total Carbohydrate 17g	6%
Dietary Fiber 2g	7%
Total Sugars 8g	
Includes 1g Added Sugars	2%
Protein 3g	
Vitamin D 0mcg	0%
Calcium 16mg	2%
Iron 1mg	6%
Potassium 65mg	2%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Microbiological Parameters:

Coliforms	< 100 cfu/gram
Staphylococcus aureus	< 10 cfu/gram
Aerobic plate count	< 1,000 cfu/gram
Anaerobic plate count	< 1,000 cfu/gram
Listeria monocytogenes	Absence in 25 grams
Salmonella	Absence in 25 grams

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MANUFACTURED IN A PLANT THAT PROCESSES FISH, TREE NUT, CRUSTACEAN, SESAME, GLUTEN, SOYBEAN, WHEAT, MOLLUSCAN SHELLFISH, SO2, SULFITE, MUSTARD, CELERY, EGG AND MILK