



Mashed Parmesan Cauliflower

Picked and simply steamed cauliflower florets get mashed with rich, real-dairy cream and a pinch of salt to elevate the on-trend vegetable to new heights.

Item Number: 05450

UPC: 705044054506

Item Type: Frozen

Pack Size: 8 Pouches/Case

Pouch Target Weight: 2.00 lbs ± 2.00 oz

Case Net Weight: 16.00 lbs

Case Dimensions: 12 in x 11.1 in x 6.7 in

Pallet Config.: 12 x 5 = 60 cases

Ingredients: Cauliflower, Water, Heavy Whipping Cream (min. 40% milkfat), Parmesan Cheese (pasteurized cows milk, cheese culture, salt, enzymes (microbial) and powdered cellulose (anti-caking agent)), Corn Starch, Salt.

Total Shelf Life: 548 days from the production date on the pouch – keep frozen at 0 °F or below
6 days from thawed – sealed pouch/keep 40 °F or below
3 days (within the 6 days thawed above) – open pouch/keep 40 °F or below

HEATING INSTRUCTIONS

From Frozen

Convection Oven: 45-50 minutes at 350°F

Microwave Oven: 10-13 minutes (1100 watts)

Water Bath: 50-60 minutes at 140°F / 20-25 minutes at 200°F

From Thawed

Convection Oven: 25-30 minutes at 350°F

Microwave Oven: 5-8 minutes (1100 watts)

Water Bath: 40-45 minutes at 140°F / 8-10 minutes at 200°F

NOTE: HEATING TIMES MAY VARY DUE TO MAKE, MODEL AND TEMPERATURE CALIBRATION OF EQUIPMENT. TO DEFOST THE PRODUCT, PLACE UNDER REFRIGERATION OVERNIGHT.

Nutrition Facts	
About 7 servings per container	
Serving size	1/2 Cup (126g)
Amount per serving	
Calories	130
	% Daily Value*
Total Fat 8g	10%
Saturated Fat 5g	25%
Trans Fat 0g	
Cholesterol 25mg	8%
Sodium 430mg	19%
Total Carbohydrate 9g	3%
Dietary Fiber 1g	4%
Total Sugars 3g	
Includes 0g Added Sugars	0%
Protein 4g	
Vitamin D 0mcg	0%
Calcium 123mg	10%
Iron 0mg	0%
Potassium 159mg	4%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

Microbiological Parameters:

· Coliforms	< 100 cfu/gram
· Staphylococcus aureus	< 10 cfu/gram
· Aerobic plate count	< 1,000 cfu/gram
· Anaerobic plate count	< 1,000 cfu/gram
· Listeria monocytogenes	Absence in 25 grams
· Salmonella	Absence in 25 grams

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MANUFACTURED IN A PLANT THAT PROCESSES FISH, TREE NUT, CRUSTACEAN, SESAME, GLUTEN, SOYBEAN, WHEAT, MOLLUSCAN SHELLFISH, SO2, SULFITE, MUSTARD, CELERY, EGG AND MILK.