

* Serving Suggestion



Grilled Chicken Breast

A perfect combination of flavor and tenderness, our seared and grilled chicken breast is the ultimate kitchen must-have.

Item Number: 06057

UPC: 705044060576

Item Type: Frozen

Pack Size: 8 Pieces/Pouch,
6 Pouches/Case, 48 Pieces/Pouch

Piece Target Weight: 5.00 oz ± 0.5 oz

Case Target Weight: 15.00 lb

Case Dimensions: 13.1 in x 11.1 in x 7.7 in

Pallet Config.: 12 x 5 = 60 cases

Ingredients: Chicken Breast, Water, Corn Starch, Canola Oil, Seasoning (salt, sugar, onion powder, spices, garlic powder, paprika), Chicken Base (chicken and chicken stock, salt, cane sugar, rendered chicken fat, onion powder, potato flour, turmeric, spice extractives (contains celery)), Smoke Flavor, Salt.

Total Shelf Life: 548 days from the production date on the pouch – keep frozen at 0 °F or below
6 days from thawed – sealed pouch/keep 40 °F or below
3 days (within the 6 days thawed above) – open pouch/keep 40 °F or below

HEATING INSTRUCTIONS

From Frozen

Convection Oven: 25-30 minutes at 350°F

Microwave Oven: 4-6 minutes 30 seconds (1100 watts)

Combi Oven: 40-45 minutes at 140°F / 10-12 minutes at 200°F

From Thawed

Convection Oven: 13-15 minutes at 350°F

Microwave Oven: 2-3 minutes (1100 watts)

Combi Oven: 35-40 minutes at 140°F / 5-8 minutes at 200°F

NOTE: HEATING TIMES MAY VARY DUE TO MAKE, MODEL AND TEMPERATURE CALIBRATION OF EQUIPMENT. TO DEFOST THE PRODUCT, PLACE UNDER REFRIGERATION OVERNIGHT.

Nutrition Facts

Serving Size 1 Portion (142g)
Servings Per Container 8

Amount Per Serving

Calories 160 **Calories from Fat 40**

% Daily Value*

Total Fat 4.5g **7%**

Saturated Fat 1g **4%**

Trans Fat 0g

Cholesterol 80mg **27%**

Sodium 470mg **20%**

Total Carbohydrate 2g **1%**

Dietary Fiber 0g **0%**

Sugars 0g

Protein 26g

Vitamin A 0% • Vitamin C 2%

Calcium 0% • Iron 2%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

Microbiological Parameters:	
Coliforms	< 100 cfu/gram
Staphylococcus aureus	< 10 cfu/gram
Aerobic plate count	< 1,000 cfu/gram
Anaerobic plate count	< 1,000 cfu/gram
Listeria monocytogenes	Absence in 25 grams
Salmonella	Absence in 25 grams

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MANUFACTURED IN A PLANT THAT PROCESSES FISH, TREE NUT, CRUSTACEAN, SESAME, GLUTEN, SOYBEAN, WHEAT, MOLLUSCAN SHELLFISH, SO2, SULFITE, MUSTARD, CELERY, EGG AND MILK.