



Half-Chicken with Thyme, Salt and Pepper

Moist and tender, our seared chicken has a hint of thyme for a flavorful finished product.

Item Number: 1006052

Target Weight: 19.00 oz

Pack Size: 1 Pieces/Pouch,
18 Pouches/Case, 18 Pieces/Case

Net Case Weight: 21.38 lb

Ingredients: Chicken Half, Water, Thyme, Salt, Black Pepper, Caramel Color.

HEATING INSTRUCTIONS

From Frozen

Convection Oven: 66 minutes at 350°F

Microwave Oven: 10 minutes (1100 watts)

Combi Oven: 75 minutes at 140°F / 30 minutes at 200°F

From Thawed

Convection Oven: 28 minutes at 350°F

Microwave Oven: 7–8 minutes (1100 watts)

Combi Oven: 60 minutes at 140°F / 25 minutes at 200°F

NOTE: HEATING TIMES MAY VARY DUE TO MAKE, MODEL AND TEMPERATURE CALIBRATION OF EQUIPMENT. TO DEFROST THE PRODUCT, PLACE UNDER REFRIGERATION OVERNIGHT.

Nutrition Facts

Serving Size 1/6 Portion (80g)
Servings Per Container 6

Amount Per Serving

Calories 140 **Calories from Fat** 70

% Daily Value*

Total Fat 7g **11%**

Saturated Fat 2g **10%**

Trans Fat 0g

Cholesterol 50mg **17%**

Sodium 140mg **6%**

Total Carbohydrate 0g **0%**

Dietary Fiber 0g **0%**

Sugars 0g

Protein 16g

Vitamin A 2% • Vitamin C 2%

Calcium 0% • Iron 4%

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat. Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:

Fat 9 • Carbohydrate 4 • Protein 4



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LOW SODIUM



HIGH PROTEIN



NO TRANS FAT