



Grilled Chicken Breast

The epitome of flavor and tenderness, our grilled and juicy chicken breast is the ultimate kitchen must-have.

Item Number: 1003691

Target Weight: 3.50 oz

Pack Size: 10 Pieces/Pouch,
8 Pouches/Case, 80 Pieces/Case

Net Case Weight: 17.50 lb

Ingredients: Chicken Breast, Water, Seasoning (salt, sugar, onion powder, garlic powder, paprika, black pepper, thyme, savory), Vegetable Oil (canola oil, extra virgin olive oil), Chicken Base (chicken meat including natural chicken juices, salt, corn maltodextrin, cane sugar, chicken fat, dried onion, natural flavor, turmeric), Sodium Phosphates.

HEATING INSTRUCTIONS

From Frozen

Convection Oven: 25–30 minutes at 350°F

Microwave Oven: 4–6 minutes (1100 watts)

Combi Oven: 40–45 minutes at 140°F / 10–12 minutes at 200°F

From Thawed

Convection Oven: 13–15 minutes at 350°F

Microwave Oven: 2–3 minutes (1100 watts)

Combi Oven: 35–40 minutes at 140°F / 5–8 minutes at 200°F

NOTE: HEATING TIMES MAY VARY DUE TO MAKE, MODEL AND TEMPERATURE CALIBRATION OF EQUIPMENT. TO DEFROST THE PRODUCT, PLACE UNDER REFRIGERATION OVERNIGHT.

Nutrition Facts

Serving Size 1 Portion (99g)
Servings Per Container 10

Amount Per Serving

Calories 110 **Calories from Fat** 30

% Daily Value*

Total Fat 3.5g **5%**

Saturated Fat 0.5g **3%**

Trans Fat 0g

Cholesterol 55mg **18%**

Sodium 450mg **19%**

Total Carbohydrate 1g **0%**

Dietary Fiber 0g **0%**

Sugars 0g

Protein 18g

Vitamin A 2% • Vitamin C 2%

Calcium 0% • Iron 2%

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat. Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:

Fat 9 • Carbohydrate 4 • Protein 4



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LOW SATURATED FAT



HIGH PROTEIN



NO TRANS FAT